

SAVE ENERGY, CUT COSTS

£1,254* a year - energy is one of the biggest annual costs for UK families



9.7 million households have not made changes to their energy usage at home



Making **energy saving improvements** to your property could **increase** its value by **14%** on average



Save up to £155 a year on your energy bills with **cavity wall insulation**



Replace your bulbs as and when you can with **energy efficient LEDs** – on average it could save about **£40** a year on bills.



Draught-proofing windows and doors and **blocking cracks** in floors and skirting boards can save around **£25** a year on energy bills



20% of people delay switching energy suppliers even though it could **save up to £300** a year



Reduce heat loss with loft insulation and save up to **£240** a year on your energy bills



If you **turn down** your main thermostat by **1 degree**, you can save around **£85** a year on your energy bill



Turning appliances **off standby mode** can save you up to **£35** a year



Just **one minute less** under the **shower** each day could cut up to **£10** a year off your bills

* figure is based on UK average

Tips to Save Energy:

1. Turn off the lights when leaving a room
2. Use LED lights
3. Switch to efficient appliances
4. Unplug devices
5. Reduce water usage
6. Keep the thermostat at a lower temperature
7. Use smart automated devices
8. Wash clothes at a cooler temperature
9. Fit loft and wall insulation
10. Bleed your radiators regularly

 **Alcumus**[®]
Safer, Healthier, Stronger

ALCUMUS.COM